



WithinU Life Coaching
7808 Williston Rd. Suite 102 Williston, VT 05495
Williston Office : 802-879-0448

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CAREER PLANNING



www.withinlifecoaching.com

Planning Your Career, Starts With Knowing Where Would You Like To End Up?

The more knowledge you have about yourself, the more effective your life and career decisions will be. If the idea of creating a plan for your future feels overwhelming to you, this tool can help.

Planning for your future can be broken down into four key areas: what you know, what you believe you have the potential to do, your preferences, and your motives. This exercise is broken down into two steps. This tool is meant to help you clarify and set manageable goals, by first starting with what you want to accomplish.

Step 1 is meant to help you clarify your long term goal.

Step 2 helps you clarify your approach which will depend on what you want to develop. This is your journey and your life, so take the time to think things through because “action without thought” or “thought without action” won’t bring about positive change.

Step 1: Don't worry about the future, start planning for it with clarity, vision and intention by asking yourself, what would I be doing if I knew I could not fail?

If I were to write a description of your dream job what would it say?

Below are some additional questions that may help you put together your dream job description.

What is it about this type of work that you enjoy?

What type of work environment would be comfortable for you? Large company, small company, inside work or outside work etc.

Does your career path require you to work weekend or nights, if so how does that fit into your lifestyle?

What kind of opportunities for advancement exist in this field?

Step 2 Your Action Plan: Creating Strategies That Make it Happen

This step refers to the implementation of the plan: The one thing that you can count on is that with every plan there are unexpected obstacles that will arise, therefore how successful you'll be will not only be attributed to the amount of career planning and preparation you've done but also your belief in yourself and your abilities, resiliency and determination.

How can I make this my reality?

What options do I have to start using my potential?

What is your vision for your training and development?

How can I get the knowledge/skills that I need?

What can I do to take more responsibility for my own training and personal development?

"Choice, not circumstances, determines your success."

Anonymous